

# **4-H Family News**

**Livingston County** 

APRIL 2023



## Reminder: Youth Must be Enrolled in 4-H Online by May 1<sup>st</sup> to Participate in Fowlerville Youth Show

Please continue to remind youth in your club and friends that they MUST be enrolled in 4-H Online by May 1st to participate in the Fowlerville Youth Show. We no longer charge participation fees, so it's free to enroll. We never want youth to miss out on the chance to participate because they haven't enrolled or re-enrolled. Forms for dogs, cats, horses, and swine are also due to the Fowlerville Family Fair on May 1st. If you have any questions about the Fowlerville Family Fair, please contact them at (517) 223-8186 or fair@fowlervillefamilyfair.com.



#### **UPCOMING MEETINGS & EVENTS:**

### **Animal Education Days**

- Goats, Rabbits, Poultry, Cats, Dogs: April 11<sup>th</sup> at 6:30 pm at the 4-H Building at the Fowlerville Family Fairgrounds
- Cattle, Sheep, Swine: April 12<sup>th</sup> at 6:30 pm at the 4-H Building at the Fowlerville Family Fairgrounds

### Conservation Quest: Everybody Needs a Home April 14<sup>th</sup> at 6:30 pm at the Livingston Educational Service Agency

# Horse General Meeting: Including Clipping Clinic & Meet Superintendents

April 26<sup>th</sup> at 6 pm at the 4-H Building at the Fowlerville Family Fairgrounds

### **CONTACT US**

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# Conservation Quest: Everybody Needs a Home on April 14<sup>th</sup> at 6:30 pm at the Livingston Educational Service Agency



The next Livingston County 4-H Conservation Quest session is open for registration! Join us on April 14th at 6:30 pm at the Livingston Educational Service Agency at 1425 W. Grand River Ave. Howell, MI 48843. Register now at: <a href="https://events.anr.msu.edu/4hconservationquest/">https://events.anr.msu.edu/4hconservationquest/</a>

We will be creating a web of life, learning about habitat and create our own animal habitat with legos! This program is for ages 8-19 years old. If you have a cloverbud youth, please reach out about them participating. Questions? Email Jenny Speyer at <a href="mailto:speyerje@msu.edu">speyerje@msu.edu</a>.

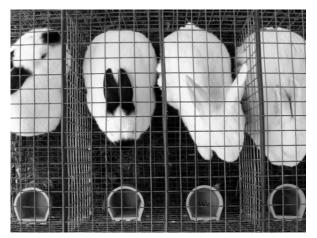
Join us for Animal Education Days: April 11th and 12th at 6:30 pm at the 4-H Building at the Fowlerville Family Fairgrounds

Showing animals at the Fowlerville Youth Show? Join Livingston County 4-H Animal Project Committee at the 4-H Building at the Fowlerville Family Fairgrounds, 8800 W Grand River Ave, Fowlerville, MI, for a chance to meet your superintendents and learn more about what to expect for this year's fair!

ALL Livingston County 4-H, Fowlerville Junior Agriculture Society, and Fowlerville FFA members are welcome to join us for this free event. Pizza and water to be provided! Each day will focus on different animals:

- April 11<sup>th</sup>: Goats, Rabbits, Poultry, Cats, and Dogs
- April 12th Cattle, Sheep, and Swine





Youth participating in Market Rabbits, this is a reminder that April 6, 2023 is the starting date to breed your market rabbits, meat pens and fryers, for this year's Fowlerville Fair! Also, market rabbits MUST be raised from birth by the exhibitor. If you have further questions about showing rabbits at the Fowlerville Fair, you can contact the Rabbit Superintendent, Donna Carpenter, at <a href="mailto:havanadonna@yahoo.com">havanadonna@yahoo.com</a>.



Join us at the Horse General Meeting: April 26th starting at 6 PM at the 4-H Building at the Fowlerville Family Fairgrounds

Join the Livingston County 4-H Horse Committee for the spring general meeting and education night on April 26th at the Fowlerville Family Fairgrounds, 8800 W Grand River Ave, Fowlerville, MI.

We will be hosting a Clipping Clinic at 6pm, followed by an opportunity to Meet the Superintendent and our General meeting at 7pm!

Clipping Clinic participants **must be actively enrolled 4-H members**. FFA and Jr. Ag. members are invited to join the General meeting and Meet the Superintendent portions.

Questions? Contact Kat: Krollkat@msu.edu or 517-552-6903



## **Congratulations to the Livingston County 4-H Hippology Team!**



Congratulations to the Junior Novice Hippology team on your first competition and placing 5<sup>th</sup> at the 4-H Hippology Contest at MSU on March 18th. Team members included Delaney Driver, Therese Hansen, Alyson Labadie and Augustine Hansen. We are very proud of all of these youth who left their comfort zones and learned some life-long skills.

Overall individual placings were Augustine Hansen 6th, Alyson Labadie 13th, Therese Hansen 14th.And a huge congratulations to our Junior Regular Individual Danykah Muck for placing first overall and winning a beautiful belt buckle. Way to go!

# 4-H Exploration Days Scholarship Opportunity for Livingston County 4-H Members

The Livingston County 4-H Council is offering \$50 scholarships for Livingston County 4-H Members registration for Exploration Days. Youth will be required to give a brief 2–3-minute presentation to 4-H Council on what they learned at Exploration Days at either the September 4-H council meeting, or during fair week. For more information, please contact Kat VanDouser at <a href="mailto:Krollkat@msu.edu">Krollkat@msu.edu</a> or 517-552-6903.



## Leader Recognition Picnic: May 22<sup>nd</sup> at 6 pm at Fowlerville Fairgrounds



We would like to formally invite all of our Livingston County 4-H volunteers to our Leader Appreciation Night on Monday, May 22nd, at 6pm. This event will take place at the Fowlerville Fairgrounds in the Livestock arena and Dan Krebs picnic area.

This is a night of celebration, appreciation, and fun for all that you do as volunteers for our Livingston County 4-H Program. We couldn't do this without you!

We do ask that you pre-register for this event, so that we can adequately plan for refreshments and activities.

While this event is meant for our volunteers, we understand that some circumstances may require children attend. Please contact staff if your children need to attend so that we can make appropriate accommodations.

Registration: https://tinyurl.com/4HLivinVolunteers

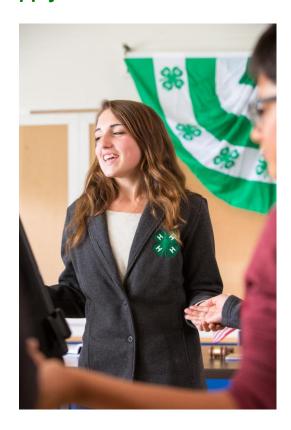
## Livingston County 4-H Teen Ambassador Program: Apply Now!

We are excited to announce the launch of our new 4-H Teen Ambassadors program! Are you an aspiring leader within your club or community between the ages of 13-18 years old? Are you looking for ways to build your leadership skills? We invite you to apply! 4-H County wide leadership opportunities are a great way to build your resume, college or scholarship applications, and are a great way to make a difference in the Livingston County 4-H program! We are looking for 12-25 youth to serve as a part of this team.

Applications are due by May 15th at 5:00pm, both email and hard copy submissions are accepted!

You can find the application here: https://tinyurl.com/4-HAmbassador

Questions? Please reach out to Kat VanDouser at Krollkat@msu.edu





# Conservation Quest Kicks Off with the Introduction to Conservation and Bobwhite Quails

On Friday, March 17<sup>th</sup> we kicked off our new Livingston County 4-H Conservation Quest with our first meeting on Conservation and Bobwhite Quails. We had 9 youth join us to learn about conservation and learn from special Guest Speaker, Gianna Coppola! Gianna is a Livingston County 4-H member with Roots & Wings, Michigan 4-H Statewide Leadership Council Member, and a wealth of knowledge on all things Bobwhite Quail. Thank you to Gianna and all the youth for participating for making this a fun and educational session. We are looking forward to our next session on April 14<sup>th</sup> at 6:30 pm at the Livingston Educational Service Agency.



Questions? Please reach out to Jenny Speyer at <a href="mailto:speyerje@msu.edu">speyerje@msu.edu</a>

# Grand Equestrians Therapeutic Riding Program Needs you! If you Love Working with Horses and Children, this Could be for you!

Grand Equestrians help special needs children with therapeutic horseback riding, and there are volunteer opportunities available to help bring in horses on the day of classes, grooming, tacking, and helping children get ready to ride. Once the rider is mounted, up to three volunteers are needed per horse:

One or Two side walkers who walk alongside the horse and rider to offer support, and one person who leads the horse. Side walkers and horse leaders need to be 14 years old, younger volunteers are able to help with grooming, tacking, assisting with games, etc.



Riders are put through patterns of walking, trotting, reversing, changing directions, and stopping. We also play games on horseback like Egg and Spoon, and Red Light, Green Light.



The Grand Equestrians riders also show at Fair, which is especially awesome! It is so rewarding to see the smiles on the kid's faces and see the progress they make! We also sign for community service hours.

2023 Classes will start June 6th and run through July 18th on Tuesdays only from 6:00 p.m. – 9:00 p.m. There will be no class on July 4th. Email <u>grandequestrians@gmail.com</u> to sign up or for further information!



# STATEWIDE CALENDAR OF EVENTS

# Support 4-H with the TSC Paper Clover Campaign



Tractor Supply Company (TSC) customers across the nation will have the opportunity to support 4-H youth by purchasing a \$1 clover at checkouts when shopping both in stores or online from April 26-May 7. To learn more, visit <a href="https://www.canr.msu.edu/events/spring-tractor-supply-co-paper-clover-campaign">www.canr.msu.edu/events/spring-tractor-supply-co-paper-clover-campaign</a>.

# Save the date for Michigan 4-H Day with the Detroit Tigers!



Join Michigan 4-H and MSU Extension for a fun day at Comerica Park to watch the Detroit Tigers take on the Seattle Mariners on May 13. Michigan 4-H will be honored as the group charity of the game and 4-H youth, volunteers, staff and their families will enjoy a discounted ticket to the game. Link to order tickets will be available soon at <a href="https://www.canr.msu.edu/events/michigan-4-h-day-with-the-detroit-tigers">www.canr.msu.edu/events/michigan-4-h-day-with-the-detroit-tigers</a>.

#### **April 1: Month of the Military Child Virtual Challenge**

Online

Join Michigan 4-H and military partners as we celebrate April as the Month of the Military Child with an online GooseChase! Open to both military families and civilians.

www.canr.msu.edu/events/month-of-the-military-child-virtual-challenge

#### **April 4: Youth Credit Craze**

Online

This webinar will help youth learn the basics of credit, comparing credit and debit, understanding credit scores, knowing the different versions of credit, and tips to managing credit wisely. https://www.canr.msu.edu/events/youthcreditcraze

## April 11: Wild Spartans Series - Black River Lake Sturgeon Facility

Online
This month, plungs into our rivers and lakes to take a c

This month, plunge into our rivers and lakes to take a closer look at the prehistoric fish that inhabit our waters. Meet Doug Larson, research assistant and the Black River Sturgeon Facility. You will learn about his field work, and the education and career path he followed to get there. https://www.canr.msu.edu/events/wild-spartans-series-april-2023

#### April 12: Adulting 101 - Build and Protect Your Credit

Online

This workshop will address credit myths, explain the importance of credit reports, demystify credit scores and provide strategies to build and protect your credit.

https://www.canr.msu.edu/events/adulting-101-4-12-23

#### April 16: Michigan 4-H/FFA Horse Judging Contest

MSU Pavilion, East Lansing

Participants in competitive horse judging learn how to properly judge horses of various breeds and disciplines. **Registration deadline is April 3**.

https://www.canr.msu.edu/events/michigan-4-h-ffa-horse-judging-contest

#### SAVE THE DATE!

#### May 22-25: Paddlesports Leader Training

YMCA Camp Torenta, Cadillac

Gain confidence offering paddling skills to your youth groups! Six courses offered – select the one that fits your needs! Partial scholarships available for 4-H volunteers. **Registration closes May 5.** <a href="https://www.canr.msu.edu/events/paddlesports-leader-training">https://www.canr.msu.edu/events/paddlesports-leader-training</a>





# **STATEWIDE 4-H NEWS**

### Registration is open for 4-H Great Lakes and Natural Resource Camp!

4-H Great Lakes and Natural Resources Camp is an annual three-time national award-winning camp that mixes summer fun and hands-on science education. The camp will be held July 23-29 on the shores of Lake Esau at Camp Chickagami in Presque Isle. This pre-college program is for teens who will be age 13 to 15 during camp.

During this enriching MSU Extension educational program, campers will increase their science literacy and stewardship as they learn from natural resource experts in fields such as Great Lakes coastal and fisheries management, limnology, wildlife, forestry, geography, geology and environmental education. In addition to hands-on learning, attendees will also enjoy exciting natural resources recreation activities such as kayaking, snorkeling, sailing, fossil hunting, archery, photography, and evenings around a campfire. First-time campers also go charter fishing and learn



and learn to fillet their catch while all campers have fun and make new friends with people from difference backgrounds and areas.

Registration is now open! The registration fee is \$500 and includes six nights of lodging, all meals and snacks, a t-shirt and program and activity costs. Space is limited to 70 campers so register today. For more information and to register, visit www.canr.msu.edu/4 h great lakes natural resources camp/.



### Register for 4-H Exploration Days!

Join 1,000 youth from across Michigan on MSU's campus to explore YOUR future! Live in the dorms and learn about future careers at 4-H Exploration Days. This three-day pre-college program is designed to help you explore careers, build skills and envision your future. Choose from more than 100 fun learning sessions on a variety of topics that are led by MSU faculty, 4-H staff and volunteers, and other experts! You'll stay in and eat at MSU residence halls, attend sessions in buildings throughout campus, and of course have fun at free-time activities across the university!

4-H Exploration days will be held June 21 to 23 at MSU in East Lansing. All Young people ages 12 to 19 are invited to join the fun! You don't need to be a 4-H member to attend. Adults who would like to serve as event chaperones should contact their county 4-H program coordinator.

The cost for the 2023 event is \$220, which includes two nights' lodging in a residence hall, meals, learning sessions, an event t-shirt and free-time activities. Contact your local MSU Extension office to find out if your county 4-H program offers scholarships for youth participants.

Participants who will enter eighth, ninth, tenth and eleventh grades after attending 4-H Exploration Days are eligible for nomination to apply for a \$2,000 MSU Pre-College Scholarship. 4-H Exploration Days participants will be invited to apply for nomination by writing an essay.

Registration opened March 21 and closes April 20. You'll want to register soon – sessions fill up fast and are assigned on a first-come, first-served basis! For registration links or more information, visit <a href="https://www.canr.msu.edu/4\_h\_exploration\_days/">www.canr.msu.edu/4\_h\_exploration\_days/</a>.





# **MSU Extension Child and Family Development**

MSU Extension has a wide range of free online classes for parents and caregivers of children of all ages and early childhood professionals.

### **Extension Extra's Parenting Hour**

These free online parenting workshops will provide guidance for parents of young children as they navigate the challenges, concerns, and joys of parenting. Participants may register for as few or as many workshops as they wish. The workshops are on Tuesday evenings from 8:00 to 9:30PM EST as follows:

#### Class dates:

- 4/4/23: ABC's of ACES (Adverse Childhood Experiences)
- 4/11/23: Inquiring Minds Want to Know: Science for Young Children
- 4/18/23: NO CLASS
- 4/25/23: Positive Discipline

Registration: https://msu.zoom.us/webinar/register/WN\_4j5Ci-IrT6m-pfi\_ZX6D3Q

For more information contact Courtney Aldrich at aldric82@msu.edu

### **Building Strong Adolescents**

Are you wondering how to navigate the teen years with your child? Do you wonder how to set limits while still promoting independence and encouraging positive relationships? Join us for this five week parenting education series for parents with children between 9-16 and explore the assets children need to succeed. Certificates of attendance are available.

Class dates: April 24, May 1, May 8, May 15, May 22 from 7:30PM-9:30PM

Registration: https://events.anr.msu.edu/BSAApril2023/

For more information, contact Courtney Aldrich, aldric82@msu.edu

### The Parent Talk System

Do you feel like your children aren't listening to you? Finding yourself constantly repeating yourself trying to gain compliance? This 6 week series is for parents of children of all ages and is designed to improve communication and provide practical verbal strategies for raising confident, caring, responsible children. Topics include eliminating unwanted behavior, setting limits, teaching about consequences, giving effective feedback, promoting independence, and developing character. Certificates of attendance are available.

Class dates: April 27, May 4, May 11, May 18, May 25, June 1 from 7:30-9pm EST

**Registration:** <a href="https://events.anr.msu.edu/ParentTalkMay2023/">https://events.anr.msu.edu/ParentTalkMay2023/</a>
For more information, contact Courtney Aldrich, <a href="mailto:aldric82@msu.edu">aldric82@msu.edu</a>

### **Early Childhood Professional Development Classes**

These free online classes provide professional development training hours for early childhood professionals. Credit in the MiRegistry system is available.

What Children Need to Know to Start School Class Date: April 20th from 7:00PM to 8:30PM

Registration: https://msu.zoom.us/webinar/register/WN --fWIZIqTu-lkyn9Czibow

Mindfulness for Young Children

Class Date: April 28th

Class Time: 1:00PM to 2:30PM

Registration: https://msu.zoom.us/webinar/register/WN\_VLYBmjHIR-qzBK-PRCn0Gg

For more information contact Vivian Washington at washi138@msu.edu





# **MSU Extension Child and Family Development**

### **Early Childhood Professional Development Classes**

#### **Building Early Emotional Skills for Early Childhood Professionals:**

Building Early Emotional Skills (BEES) for Early Childhood professionals is an opportunity to learn more about how children develop important social emotional skills, and how you can help them learn to understand and express their emotions appropriately. This course is online. It is expected to take approximately one hour per week to complete the course content. This training is approved in miRegistry for 8 hours. Spring course begins on March 5, 2023. Registration will run from February 27 – March 12, 2023. Registration Information: <a href="https://www.canr.msu.edu/building\_early\_emotional\_skills\_in\_young\_children/online-program-for-professionals">https://www.canr.msu.edu/building\_early\_emotional\_skills\_in\_young\_children/online-program-for-professionals</a>

#### In-Person Workshop: Including All of Us

Including All of Us is an intensive training to provide an opportunity for child care professionals to learn about issues of diversity, equity and inclusion in early childhood. Including All of Us includes group content, where early childhood professionals can explore their own beliefs, worldviews and understanding of issues surrounding diversity. Participants learn about ways they can incorporate anti-bias education into their work with young children and create environments of equity for all children. Ensuring that child care environments are high quality, equitable and inclusive will help build and nurture social emotional competencies and prepare children for success in school and in life. Including All of Us provides an opportunity for teachers to practice self-reflection and develop an awareness that will have a positive impact on their teaching, child care skills, and family interactions.

This in-person, free program is six hours in length and can be taught in one six-hour session or two, three-hour sessions. The program is approved in the MiRegistry system and completion certificates are available. To schedule a workshop at your location, contact Vivian Washington at <a href="https://www.washington.com/washington">washi138@msu.edu</a>

#### Online Self-Paced Classes

#### **Positive Discipline**

Helping young children learn self-control is important to their ability to be successful citizens now and in the future. Positive Discipline workshops help adults learn how their role in creating appropriate environments and experiences can strengthen that development. This class has a "parent and caregiver" track and a "professional" track. Certificates of attendance are available for all who take the class and professional development training hours are available for early childhood professionals. Credit in the MiRegistry system is available.

Registration: <a href="https://www.canr.msu.edu/courses/positive-discipline-online-course">https://www.canr.msu.edu/courses/positive-discipline-online-course</a>

For more information contact Courtney Aldrich at <a href="mailto:aldric82@msu.edu">aldric82@msu.edu</a>

#### **Infant Safety**

MSU Extension has partnered with the Livingston County Child Abuse Prevention Council to create a self-directed online infant safety course called "Sleeping, Crying, Driving." This three part course contains videos and interactive content on infant safe sleep, how to handle extended infant crying and guidelines for transporting your child safely. A certificate of completion is available for those who need proof of attendance.

Registration: https://www.canr.msu.edu/early\_childhood\_development/infant-safety/

#### **MI Parenting Resource**

This free, online program is meant to support caregivers across the state in strengthening their parent-child relationships and gaining new tools for enhancing positive child behaviors.

Registration: https://miparentingresource.org/

For more information contact Courtney Aldrich at aldric82@msu.edu